



P.E. 2017-18



Happy New Year!

Spring 2018 is another action packed term in PE. We will be continuing our exciting and varied after school clubs this term along with inter school tournaments for Key Stage 2. Relax kids sessions will continue in Spring 1 as well as our curriculum based PE lessons.

We will aim to put current information re tournaments, after school clubs etc on the website or onto the new school Facebook page.



Overview of the Spring Term

KS1: Bowland

Curriculum:

- ◇ Ball skills
- ◇ Athletics
- ◇ Wake up and Shake up

After School Clubs:

- ◇ KS1 Multiskills (Spring 2)



Lunchtime clubs:

- * Table Tennis
- * Speedstacking
- * PALS activities

KS2: Grizedale

Curriculum:

- ◇ Invasion Games
- ◇ Athletics
- ◇ Relax Kids
- ◇ Swimming

After School Clubs:

- ◇ Basketball (Spring 1)
- ◇ Archery (Spring 2)

KS2: Nicky Nook

Curriculum:

- ◇ Invasion Games
- ◇ Athletics
- ◇ Relax Kids
- ◇ Swimming

After School Clubs:

- ◇ Basketball (Spring 1)
- ◇ Archery (Spring 2)

Coaching & Tournaments

- Hi 5 Netball
- Quick Sticks Hockey
- Football
- Tag rugby

More information will be given prior to each event.